## Texas A&M University-Corpus Christi Master of Science in Athletic Training



# ATHLETIC TRAINING STUDENT HANDBOOK 2024-2025

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## Texas A&M University-Corpus Christi Athletic Training Program Welcome

Welcome to the <u>Texas A&M University-Corpus Christi Master of Science in Athletic Training</u> <u>Program (TAMU-CC MS in AT Program)</u>. This online document contains information related to all aspects of the TAMU-CC MS in AT Program. It is intended to be a reference for applicants, current athletic training students, athletic training faculty and staff, clinical preceptors, and administrators. All stakeholders in the TAMU-CC MS in AT Program should read and be familiar with all parts of the current annual handbook. This document will be used to further explain the TAMU-CC MS in AT Program as referenced in the current academic catalog.

Our faculty and staff are excited to be able to work with high quality students who want to learn about Athletic Training. The TAMU-CC Athletic Training Program has a strong history of educating and graduating successful Athletic Trainers. We enjoy seeing young professionals develop careers in a field we love.

Athletic Training demands a lot from students and can be challenging at times. This profession demands dedication, hard work, and passion. As a student, you will be given a lot of responsibility. The Athletic Training Student is an extension of the Certified Athletic Trainer both legally and in their performance of their duties such as prevention, assessment, treatment, and rehabilitation of injuries and conditions in a variety of clinical settings. Together they form the Sports Medicine Team whose responsibility is to provide first contact with injured or ill patients. Often the Sports Medicine Team works behind the scenes and without much public recognition; however, their job is vital to the wellbeing and overall health of the patients with whom they work.

We challenge the accepted Athletic Training Students to take full advantage of their clinical experience and to learn every day as much as they can, both in the classroom and within their clinical experiences. The Athletic Training Faculty have developed a comprehensive, scaffolded curriculum designed to challenge learners while building on knowledge. The goal is for Athletic Training Students to be able to apply their classroom knowledge in the clinical setting as soon as possible. This will enhance your experience and help to guide your learning. It is important that students develop good time management skills and budget their time effectively to prioritize their academic, clinical, and life commitments and activities.

The TAMU-CC MS in AT Program is a unique and immersive experience. During your time on the Island, you will become family!

Shakas Up! Go 'Ders!!



#### Personnel

#### **Athletic Training Core Faculty & Staff**

Mikaela Boham, EdD, LAT, ATC	Professor, Program Director
Jessica Bates, MS, LAT, ATC	Clin Assist Professor, Coordinator of Clinical Education
Erica Filep, PhD, LAT, ATC	Assistant Professor, Core AT Faculty
George N. Liras, DO, MS, CAQSM	Athletic Training Program Medical Director
Ioannis Liras, MD, CAQSM	Athletic Department Physician & Consultant

#### **Department of Kinesiology Faculty & Staff**

Don Melrose, PhD Liz Perez	Department Chair, Kinesiology & Military Science Administrative Associate, Kinesiology & Military	
	Science	
Deb Avery	Administrative Associate, MS in AT Program	

#### **College of Education and Human Development Administration**

Don Melrose, PhD

Melissa Adames

Interim Dean, College of Education and Human Development Administrative Associate, College of Education and Human Development

#### **Primary Clinical Preceptors**

Jerry Hilker, MEd, LAT, ATC Alan Kerstiens, MS, LAT, ATC Allison Brombach, MS, LAT, ATC Inga Erickson, MS, LAT, ATC Austin Crain, MS, LAT, ATC Chad Mallamo-Janski, MS, LAT, ATC Sara Posson, MS, LAT, ATC Julie Jacquez, MS, LAT, ATC Elizabeth Weaver, BS, LAT, ATC Lauren Dillon, MS, LAT, ATC Hunter Alonzo, MS, LAT, ATC Ashley Knighton, BS, LAT, ATC Ashley Vinciguerra, BS, LAT, ATC Linda Hayes, BS, LAT, ATC Corina Rodriguez, BS, LAT, ATC Allen Simms, BS, LAT, ATC Kara Osburn, BS, LAT, ATC Dalton Jennings, BS, LAT, ATC Taylor Johnston, BS, LAT, ATC Dylan Mowdy, MS, LAT, ATC

Head Athletic Trainer: TAMUCC Athletics Assistant Athletic Trainer: TAMUCC Athletics Head Athletic Trainer: TAMUCC Rec Center Athletic Trainer: Calallen High School Athletic Trainer: Calallen High School Athletic Trainer: CC Carroll High School Athletic Trainer: CC King High School Athletic Trainer: CC Miller High School Athletic Trainer: CC Moody High School Athletic Trainer: CC Ray High School Athletic Trainer: CC Ray High School Athletic Trainer: CC Veterans Memorial HS Athletic Trainer: CC Veterans Memorial HS Athletic Trainer: Flour Bluff High School

Revised 7/29/2024

Elizabeth Morales, MS, LAT, ATC Rebecca Berthold, MS, LAT, ATC Leisha Griffith, BS, LAT, ATC TBD Arriana McDonald, BS, LAT, ATC Ismael Villarreal, BS, LAT, ATC Cecilia Butler, MS, LAT, ATC Athletic Trainer: Flour Bluff High School Athletic Trainer: Flour Bluff High School Athletic Trainer: Gregory-Portland High School Athletic Trainer: London High School Athletic Trainer: Taft High School Athletic Trainer: Tuloso-Midway High School Athletic Trainer: Tuloso-Midway High School

#### **Immersive Clinical Preceptors**

\*\*Immersive Clinical Preceptors are identified to meet the needs of specific student experiences. Immersive clinical preceptors may or may not already be affiliated with the MS in AT Program at TAMU-CC and may or may not be located within Corpus Christi or the Coastal Bend depending on the needs/wants of the student experience\*\*

#### **Secondary Clinical Preceptors**

George N. Liras, DO, MS, CAQSM Ioannis N. Liras, MD, CAQSM Marian Hendricks, DO Andres Nisimblat, MD John Borkowski, MD Charles Breckenridge, MD Justin Klimisch, MD John Masciale, MD Michael Montgomery, MD, CAQSM Chris Larkins, MD Ryan Thomas, MD Jason Thompson, MD Kyle Wilson, MD Scott Easley, MD, CAQSM Physician: Christus Health – Spohn Physician: Christus Health – Spohn Physician: Coastal Bend Family Medicine Physician: Corpus Christi Medical Associates Physician: South Texas Bone and Joint Physician: South Texas Bone and Joint

#### **Supplemental Clinical Experience Supervisors**

Steve Hopkins, DPT Tracie McClusky, DPT Dan Shea, MSPT Chad Peters, DC Arturo Cedillo Breanna Trevino CJ De La Garza, BS, LAT Dee Rutherford, BS, LAT Robert Gonzalez, BS, LAT Robert Steele, BS, LAT Physical Therapist: The Training Room Physical Therapist: New Stride Physical Therapy Physical Therapist: Shea Physical Therapy Chiropractor: Armadillo Sports Chiropractic Athletic Trainer: Alice High School Athletic Trainer: Alice High School Licensed Athletic Trainer: Carroll High School Licensed Athletic Trainer: King High School Athletic Trainer: CC Moody High School Licensed Athletic Trainer: Gregory-Portland HS

## An Athletic Trainer's Creed

We accept responsibility for athletes, Who come to double days overweight and out of shape, Who want you to lie about their height stats. Who can never find their practice uniform. And we accept responsibility for those, Who forget to brush their hair for team pictures, Who run slower than everyone else, Who are from places we wouldn't be caught dead in, Who have never been away from home. We accept responsibility for athletes, Who bring in a week's worth of ace bandages, Who hug us when they are soaked with sweat and blood. We accept responsibility for those, Who will always sit on the bench, Who will forever play on the "scrub" team, Who never get their uniforms dirty, Which won't ever see their name or picture in the paper, Whose names people skim over in the team program, Whose skills are lousy, but whose hearts are strong. We accept responsibility for athletes, Whose financial aid doesn't come in until February, Who are declared ineligible before they play their first game, Who beg for aspirin, but forget to take it, Who are always late for treatments, Who lie about taking showers after practice, Who say they have night class just so they can get to dinner on time, Who squirm when they've got to get dressed beyond sweats, Whose tears we sometimes laugh at, and whose smiles make us cry. And we accept responsibility for those, Whose feet always smell, Who get angry for having to sit out practice, Who hate doctors, Whose egos are bigger than their bodies, Who never want to be carried off the court. Who always want to keep playing, even when their bodies no longer can. We accept responsibility for athletes who want to be the greatest, And for those who truly will be, For those who never give up or quit, for those who play hard, no matter what the score. Grant us the courage to accept these athletes, No matter what size, shape, skill, personality. Grant us the strength to do our best, Care for them when they are hurt, Encourage them when they are down, Understand them when they are defeated, Celebrate with them when they are victorious.

## **Overview of the Athletic Training Profession**

#### **The Certified Athletic Trainer**

Athletic Trainers (ATs) are health care professionals who collaborate with physicians to optimize patient and client activity and participation in athletics, work, and life. The practice of athletic training encompasses the prevention, examination and diagnosis, treatment, and rehabilitation of emergent, acute, subacute, and chronic neuromusculoskeletal conditions and certain medical conditions to minimize subsequent impairments, functional limitations, disability, and societal limitations. Athletic Trainers are highly educated and skilled allied healthcare professionals who are recognized by the American Medical Association (AMA).

#### **Clinical Practice Settings**

In cooperation with physicians and other allied health personnel, the Athletic Trainer functions as an integral member of the health care team. Athletic trainers' work settings can include high schools, colleges, universities, professional sports teams, hospitals, rehabilitation clinics, physicians' offices, corporate and industrial institutions, the military, and the performing arts. Regardless of their practice setting, athletic trainers practice athletic training (or provide athletic training services) according to their education (NATA, <u>Professional Interests</u>) and state practice act.

#### **Education Requirements**

Athletic Trainers must possess, at minimum, a degree from an Accredited Athletic Training Program (MS in AT Program). As of 2022, all accredited Athletic Training curriculum must be delivered at the graduate level from a master's degree granting program. The <u>Commission on Accreditation of Athletic Training Education (CAATE)</u> is the recognized accrediting body for Athletic Training Programs across the country and the TAMU-CC MS in AT Program. The TAMU-CC Athletic Training Program received initial accreditation status in the Fall 2008. In 2016, the TAMU-CC MS in AT Program discontinued the undergraduate degree and accepted the last undergraduate cohort. In 2018, the Master of Science in Athletic Training was approved by the Coordinating Board for the state of Texas and TAMU-CC allowing the program to be offered.

The five domains and tasks of Athletic Training (<u>Practice Analysis, 8th Edition</u>) will provide the educational framework for education and clinical practice:

- 1. Risk Reduction, Wellness and Health Literacy
- 2. Assessment, Evaluation and Diagnosis
- **3.** Critical Incident Management
- 4. Therapeutic Intervention
- 5. Health Care Administration and Professional Responsibility

#### <u>Crosswalk Comparing BOC Practice Analysis 8th Edition and CAATE 2020</u> <u>Standards for Accreditation of Professional Athletic Training Programs</u>

BOC Practice Analysis, 8th Edition Domains and Tasks	CAATE Curricular Content Standards (54-94, DEI 2)
DOMAIN I: Risk Reduction, Wellness and Health Literacy Tasks:	
1. Identify risk factors by administering assessment, pre- participation examination and other screening instruments, and reviewing individual and group history and surveillance data. (0101)	54*, 55^, 64, 77, 79, 80, 81, 83, 87, 92
2. Implement plans to aid in risk-reduction in accordance with	55^, 58, 59, 62, 79, 80, 92-94
<ul> <li>evidence-based practice and applicable guidelines. (0102)</li> <li>3. Promote health literacy by educating patients and other stakeholders in order to improve their capacity to obtain, process, and understand basic health information needed to make appropriate health decisions. (0103)</li> </ul>	56, 57, 59, 60, 62, 64, DEI-2
<ul> <li>Optimize wellness (e.g., social, emotional, spiritual, environmental, occupational, intellectual, physical) for individuals and groups. (0104)</li> </ul>	54*, 55^, 56, 57-59, 77, 82, 84, 87, 94, DEI-2
5. Facilitate individual and group safety by monitoring and responding to environmental conditions (e.g., weather, surfaces, work setting). (0105)	59, 70, 83, 85
DOMAIN II: Assessment, Evaluation and Diagnosis Tasks:	
<ol> <li>Obtain a thorough and individualized history using observation and appropriate interview techniques to identify information relevant to the patient's current condition. (0201)</li> </ol>	54*, 55^, 60, 64, 71, 76, DEI-2
<ol> <li>Perform a physical examination using diagnostic techniques. (0202)</li> </ol>	54*, 55^, 70-72, 76, DEI-2
3. Formulate a clinical diagnosis by interpreting the information obtained during the history and physical examination. (0203)	55^, 70-72, 76, 77
4. Establish a plan of care based on the clinical diagnosis and evidence-based practice. (0204)	54*, 55^ 61, 64, 69-71, 73, 75, 76, 77, DEI-2
5. Educate the patient and stakeholders on the clinical diagnosis,	58-61, 69, DEI-2

prognosis and plan of care. (0205)	
DOMAIN III: Critical Incident Management	
Tasks:	
1. Implement Emergency Action (Response) Plans for all	
venues and events to guide appropriate and unified	55^, 59, 92-94
response in order	
to optimize outcomes. (0301)	
2. Triage the severity of health conditions. (0302)	54*, 55^, 66, 70, 77
3. Implement appropriate evidence-based emergent care	
procedures to reduce the risk of morbidity and	54*, 70, 86, 92, 93
mortality (e.g., c-spine, airway management, heat	
illness, pandemics, suicides,	
<ul><li>other emergent conditions). (0303)</li><li>4. Assess the scene to identify appropriate courses of</li></ul>	70, 85
action.	70,85
(0304)	
DOMAIN IV: Therapeutic Intervention	
Tasks:	
1. Optimize patient outcomes by developing, evaluating	55^, 61-63, 69, 73, 75, 76,
and	DEI-2
updating the plan of care. (0401)	
2. Educate patients and appropriate stakeholders using	
pertinent information to optimize patient-centered care	54*, 55^, 57-59, 62, 69, 73, 74,
and patient engagement throughout the therapeutic	83, 84, DEI-2
intervention process.	
(0402)	
3. Prescribe therapeutic exercises following evidence-	54*, 55^, 57-59, 62, 69, 73,
based practices to address impairments and	74, DEI-2
enhance activity and	
participation levels. (0403)	
4. Administer therapeutic modalities and devices using evidence- based procedures and parameters to address	54*, 55^, 57-59, 62, 69, 73, 74, 78, 86, DEI-2
impairments and	70, 00, DEI-2
enhance activity and participation levels. (0404)	
5. Administer manual therapy techniques using	54*, 55^, 57-59, 62, 73,
evidence-based methods to address impairments and	74, DEI-2
enhance activity and	
participation levels. (0405)	
6. Determine patients' functional status using	
appropriate	55^, 60, 62, 69, 76, DEI-2
techniques and standards to inform decisions about the	
return	
to optimal activity and participation levels. (0406)	
7. Manage general medical conditions to optimize activity	55^, 57-59, 61, 62, 69-73, 75,
and	76, 79, DEI-2

participation levels. (0407)		
DOMAIN V: Health Care Administration and Professional Responsibility Tasks:		
1. Assess organizational and individual outcomes using	55^, 56, 61, 63, 64, 67, 68, 88	
quality		
improvement analyses. (0501)		
2. Develop, review, and implement policies, procedures,	63-66, 88, 91-94	
and plans		
to address departmental and organizational needs. (0502)		
3. Practice within federal, state, and local laws,	63-66, 75, 89, 90	
regulations, rules		
and requirements and professional standards. (0503)		
4. Use standardized documentation procedures to ensure	63-66, 89	
best		
practices. (0504)		

\*The task statement includes one or more of the knowledge and/or skills found in Standard 54: The professional program requires prerequisite classes in biology, chemistry, physics, psychology, anatomy, and physiology at the postsecondary level.

<sup>^</sup>The task statement includes one or more of the knowledge and/or skills found in Standard 55: Students must gain foundational knowledge in statistics, research design, epidemiology, pathophysiology, biomechanics and pathomechanics, exercise physiology, nutrition, human anatomy, pharmacology, public health, and health care delivery and payor systems.

The educational requirements for CAATE-accredited professional Athletic Training Programs include the acquisition of knowledge, skills and clinical abilities along with foundational behaviors of professional practice also known as <u>Section IV: Curricular Content of the 2020</u> <u>Standards for Accreditation of Professional Athletic Training Programs</u>.

Athletic Training Students will receive formal instruction in the following specific subject matter areas identified in the Competencies:

- Patient-Centered Care
- Interprofessional Practice and Interprofessional Education
- Evidence-Based Practice
- Quality Improvement
- Health Care Informatics
- Professionalism
- Patient/Client Care
  - Care Plan
  - Examination, Diagnosis, and Intervention
- Prevention, Health Promotion, and Wellness
- Health Care Administration
- Diversity, Equity, and Inclusion

Athletic Training Students will engage in clinical learning experiences in addition to didactic classroom experiences. Athletic Training clinical experiences are supervised by a preceptor who is an Athletic Trainer or a Physician (<u>Standard 31</u>). Students will gain experiences with patients with a variety of client/patient populations (<u>Standard 17</u>) and with a variety of health conditions commonly seen in athletic training practice (<u>Standard 18</u>). While enrolled in the TAMU-CC MS in AT Program, students will have multiple clinical rotations, including at least one immersive experience (<u>Standard 16</u>), to prepare them for a wide array of career paths following graduation.

#### **Potential Employment Settings**

Upon program completion, a successful Board of Certification national examination, and state licensure application (where necessary, other credentialing my apply) students will be eligible to work in a variety of career paths and professional interests, including:

- College/University
- Higher Education
- Professional Sports
- Secondary Schools
- Middle Schools
- Emerging settings
- Education
- International
- Emerging Settings
  - Health Care Administration & Rehabilitation
  - Armed Forces & Tactical Medicine
  - Occupational Health
  - Performing Arts
  - Physician Practice (formerly known as Physician Extenders)
  - Public Safety

Additional information regarding career options can be located by vising the National Athletic Trainers' Association website: <u>https://www.nata.or</u>

## Texas A&M University-Corpus Christi Athletic Training Program



#### **Vision Statement**

The vision of the TAMU-CC Athletic Training Program is to be recognized as a leader in the education of Athletic Trainers and to contribute and advance the field knowledge regarding injury prevention, injury recognition, injury management, and inter-professional collaboration. The TAMU-CC Athletic Training program will serve as a model for community partnerships within South Texas and the Coastal Bend and will strive to provide innovative evidence-based programming.

#### **Mission Statement**

The Texas A&M University-Corpus Christi Master of Science in Athletic Training Program is devoted to excellence in instruction, research, and service. The Athletic Training Program provides a challenging, comprehensive, and student-centered learning environment preparing students to excel at the professional level as a productive and engaged Athletic Trainer. As the only accredited program located in South Texas that is also a Hispanic Serving Institution (HSI), the program is committed to providing educational opportunities for students with the goal of increasing diversity in the professional practice and narrowing educational attainment gaps.

The program incorporates the values of a supportive academic and clinical community, which promotes professional leadership and ethical conduct through an abundance of active learning opportunities creating life-long learners. Students are prepared for employment in a variety of athletic training settings. Students obtain the skills to collaborate with local and global allied healthcare partners creating an interprofessional team designed for high quality comprehensive patient care. Graduates of the program are prepared to serve a diverse population in a culturally competent and responsive manner.

#### **Comprehensive Assessment Plan Evaluation**

The TAMU-CC Athletic Training Program will assess the comprehensive assessment plan based on the given timelines. A completed copy of the comprehensive assessment plan can be located on the MS in Athletic Training University Website: https://gradcollege.tamucc.edu/degrees/education/athletic training.html

#### **Accreditation Status**

As of April 2020, the Athletic Training Program at TAMU-CC successfully transitioned the accreditation from the undergraduate level to the graduate level to allow for the delivery of athletic training curriculum at the master's level. The program had a successful CAATE site visit in December of 2022 and was re-accredited for the next 10 years. The Master of Science in Athletic Training program at Texas A&M University-Corpus Christi is accredited by the

<u>Commission on Accreditation of Athletic Training Education (CAATE)</u>, 2001 K Street NW, 3<sup>rd</sup> Floor North, Washington, DC 20006.



The program is accredited by the Commission on Accreditation of Athletic Training (CAATE) until 2032 when the program will have a site visit for continued accreditation.

Contact Information for the Commission on Accreditation of Athletic Training Education:

CAATE 2001 K Street NW, 3rd Floor North Washington, DC 20006 Phone: 512-733-9700 Toll Free: 844-GO-CAATE (844-462-2283) Fax: 512-733-9701 Website: http://caate.net/

### **Certification and Licensure**

Upon completion of the degree program, students will have met all requirements to sit for the national <u>Board of Certification (BOC)</u> examination to practice Athletic Training. Additionally, students will be eligible to apply for <u>Texas Department of Licensing and Regulation (TDLR)</u> <u>Athletic Training Licensure or other state regulatory boards (</u> <u>licensures/certifications/registrations).</u>

## **Athletic Training Program Application and Admission**

#### **Admission Requirements**

To be admitted to the TAMU-CC Master of Science in Athletic Training Program, students must participate in a selective admissions process. The Master of Science in Athletic Training Program operates in a cohort model. Enrollment in the program is limited and students can only enter starting Summer I of each academic year. Students will start their academic curriculum in the summer session and will move though a pre-determined program.

Applicants must have obtained a bachelor's degree from a regionally accredited academic institution (or foreign equivalent with satisfactory completion of the TOEFL) prior to the start of the MS in Athletic Training Program. Candidates who are in their last semester (i.e., spring semester) prior to graduation and who are on track to complete their bachelor's degree with the specified prerequisite course work, in compliance with the grade point criteria, and required application paperwork will also be considered. Candidates who have not already obtained a degree at the time of an admission decision will be conditionally admitted to the TAMU-CC MS in AT Program to start summer courses.

Applicants must demonstrate an undergraduate GPA of 3.0 or higher (some exceptions are permissible).

Students will apply to the program through ATCAS.

#### **Application Deadlines**

Priority Deadline February 15<sup>th</sup>

Final Deadline March 1<sup>st</sup> or as designated on ATCAS.

#### **Application Fee**

ATCAS charges \$99 for the first program students apply to and then \$55 for each additional program. <u>ATCAS has a Fee Assistance Program</u>.

#### **Selection Criteria for Admission**

All admissions documents will be reviewed by the Athletic Training Admissions Review Committee. The evaluation tool for the summer 2025 admissions is available in <u>Appendix A</u>.

#### Master of Science in Athletic Training Texas A&M University- Corpus Christi

#### Summer 2025 Admissions Cycle Evaluation Tool

#### • Overall Cumulative GPA (20 Points)

Student Overall GPA will be calculated. Students GPAs will be rounded to the nearest 10<sup>th</sup>. Students must have a 4.0 without rounding to receive 20 points.

OVERALL GPA CALCULATION		
Automatic Denial	Possible Conditional Admission	Admission
Under 2.75 Overall GPA =	2.75 GPA = 1 pt	3.0 GPA = 10 pts
Automatic Denial	2.8 GPA= 2 pt	3.1 GPA = 11 pts
	2.9 GPA = 3 pt	3.2 GPA = 12 pts
Students must have at least a 2.75 to be admitted to the graduate program at TAMU-CC.	Students with an Overall GPA between a $2.75$ and $3.00 MAY$ receive a conditional admission	3.3 GPA = 13 pts
to the graduate program at 13th D-CC.		3.4 GPA = 14 pts
		3.5 GPA = 15 pts
		3.6 GPA = 16 pts
		3.7 GPA = 17 pts
		3.8 GPA = 18 pts
		3.9 GPA = 19 pts
		4.0 GPA = 20 pts

#### • REQUIRED Pre-Requisite Course GPA (30 points)

Student cumulative

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REQUIRED PRE-REQUISITE GPA (CUMULATIVE)			
Automatic Denial	Possible Conditional Admission	Admission	
Under 2.75 Pre-Requisite GPA =	2.75 GPA = 1 pt	3.0 GPA = 10 pts	
Automatic Denial	2.8 GPA= 2 pt	3.1 GPA = 12 pts	
	2.9 GPA = 3 pt	3.2 GPA = 14 pts	
	Students with a Pre-Requisite GPA between a 2.75 and 3.00 <u>MAY</u> receive a conditional	3.3 GPA = 16 pts	
	admission with spacial permission from the	3.4 GPA = 18 pts	
	program.	3.5 GPA = 20 pts	
		3.6 GPA = 22 pts	
		3.7 GPA = 24 pts	
		3.8 GPA = 26 pts	
		3.9 GPA = 28 pts	
		4.0 GPA = 30 pts	

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#### RECOMMENDED Pre-Requisite Courses (10 possible extra points)

These courses are NOT required for admission to the MS in AT Program. Students will receive an extra 2 points for each course students have taken towards their total points.

- Introduction to Athletic Training <u>OR</u> Prevention and Care
- Anatomical Kinesiology <u>OR</u> Functional Anatomy
- Exercise Testing & Prescription <u>OR</u> Strength and Conditioning
- Medical Terminology
- Epidemiology

#### Recommendation Form (10 points)

- Professional recommendations will be submitted from at least three individuals. The recommendation form includes 20 Likert scale questions: Excellent: 5 points, Good: 4 points, Average: 3 points, Below Average: 2 points, Poor: 1 point, Not Observed: Not rated.
- The score from each recommendation will be averaged to create a score. The average the three recommendations
  form evaluations will be used to calculate points for this section.
  - 4.75-5.00 = 10 points
  - 4.50-4.74 = 8 points
  - 4.00-4.49 = 6 points
  - 3.50-3.99 = 4 points
  - 3.00-3.49 = 2 points
  - 0.00-2.99 = 0 points

#### Observation Hour Verification (Yes/No)

Student submitted verification of at least 50 observation hours under the direction of a BOC credentialed Athletic Trainer.

#### Essay (10 points)

Candidates will submit an essay outlining their aspirations to enter the profession of athletic training. Candidate essays will be graded on the following scale:

Unsatisfactory/Did Not	Below	Average	Above Average	Exceeds
Submit	Average			Expectations
(0 Points)		(5 Points)	(8 Points)	(10 Points)
	(2 points)			
Submitted responses are riddled with spelling and grammatical errors (response is difficulty to read or understand) <u>OR</u> Candidate used generative AI for application responses.	Submitted responses have frequent spelling errors. Candidate did not communicate their interest in the field. Colloquial language was used.	Submitted responses are acceptable and have minor spelling/grammatical errors present. Candidate expressed their interest in becoming an athletic trainer. Some colloquial language was utilized in the document.	Submitted responses are clean and are free of major grammatical/spelling errors. Candidate expressed their interest in the field of athletic training and avoided using colloquial language in document. The flow of the document could be improved.	Submitted responses were excellent with grammatical structure and ideas that were well communicated. Candidate demonstrated great understanding of the profession throughout the document.

#### • Digital Interview (10 points)

An average score from all evaluators.

- 5.0 4.5 = 10 points
- 4.4 4.0 = 8 points
- 3.9 3.0 = 6 points
- 2.9 2.0 = 4 point
- 1.9 1.0 = 2 points
- >1.0 = 0 points

#### TAMU-CC Master of Science in Athletic Training Program Final Candidate Application Matrix

Criteria	Maximum Point Totals	Points Awarded
Overall GPA	20	
Pre-Requisite GPA	30	
Recommendation Forms (3 averaged)	10	
Observation Hour Verification	YES <u>or</u> NO	
Essay	10	
Points Possible	80	
Recommended Pre-Requisite Courses*	10	
not required		
Total Adjusted Total	90	
		•
The top candidates will receive an offer	for a digital interview with the progra	un admission committee
Digital Interview	10	
Final Score (Application Material +	100	
Digital Interview)		
Admission Decision		Full Admission
		Conditional Admission
		<ul> <li>Justification/Reason for Conditional Admission:</li> </ul>
		Waitlist
		Denied

Once feedback from all members of the Section Committee is collected, the Program Administrative team will select the top candidates of their admission to the MS in AT Program.

The program has approximately 20 spots annually for students in the MS in Athletic Training Program (numbers may fluctuate based on available resources and preceptors).

If students are qualified but are not in the top admissions group, students may be placed on a waiting list. If a spot in the program opens up, the next qualified student will be notified and offered acceptance.

## **Application Documentation**

Application requirements specific to this program:

- Students must submit official transcripts from all institutions attended with a demonstrated 3.0 cumulative GPA
- Documentation of completion of the prerequisite courses (<u>Appendix B</u>)
- Answer program essay questions (question prompts on ATCAS)
- CV/Resume (upload to ATCAS)
- Current CPR card (upload to ATCAS)
- Observation Hour Form (<u>Appendix C</u>)
- Signed Technical Standards Acknowledgment Form (<u>Appendix D</u>)

Students who meet the required application criteria will be considered by the Athletic Training Program Admissions Committee. Qualified applicants will be granted an interview by the admissions committee.

Once students are admitted to the program, they will need to submit the following documentation:

- Documentation of Health Physical by a Medical Doctor (<u>Appendix E</u>)
- Proof of Current Vaccination Series (<u>Appendix F</u>) Medical documentation for students allergic to immunizations may be provided
- Proof of Current TB Test (<u>Appendix G</u>) (within the past month) and/or medical documentation

The Athletic Training program is a selective and competitive admissions program due to CAATE accreditation standards. The College of Education and Human Development graduate admissions requirements are specified in the COEHD's Graduate Policies and Regulations section of this catalog. Additional MS in Athletic Training requirements and restrictions are listed in the <u>Graduate Catalog</u>.

Individuals who are denied admission twice are ineligible for reconsideration for admission.

#### **Pre-Requisite Course Information**

#### **REQUIRED Prerequisite Courses**

An average 3.0 Pre-requisite GPA is recommended.

- Biology (With Lab Preferred)
- Chemistry (With Lab Preferred)
- Physics (With Lab Preferred)
- Intro to Psychology <u>OR</u> Sports Psychology
- Anatomy & Physiology I\* (With Lab Preferred) OR Anatomy

- Anatomy & Physiology II\* (With Lab Preferred) OR Physiology
- Nutrition <u>OR</u> Sports Nutrition
- Exercise Physiology (With Lab Preferred])
- Biomechanics (With Lab Preferred])
- Statistics

\* When anatomy and physiology are not combined, students need to demonstrate completion of an anatomy course and a separate physiology course to meet this requirement.

#### **RECOMMENDED Prerequisite Courses**

Students will receive extra points towards their admissions for taking additional courses. These courses are NOT mandatory for admission. These courses will be calculated in the Pre-requisite GPA, and a 3.0 Pre-Requisite GPA is recommended.

- Introduction to Athletic Training <u>OR</u> Prevention and Care
- Anatomical Kinesiology <u>OR</u> Functional Anatomy
- Exercise Testing & Prescription <u>OR</u> Strength and Conditioning
- Medical Terminology
- Epidemiology

Courses need to be graded, courses with pass/fail will not be accepted. All pre-requisite courses must have been taken within the past 7 years.

### **Conditional Admission**

Students may be admitted conditionally at the discretion of the Athletic Training Admission Committee (ATAC). (See "Conditional Status" in the <u>Admission</u> section of the catalog.) Students who do not meet the 3.0 Overall GPA criteria, have earned below a 3.0 in the required prerequisite courses, are in the process of completing prerequisite courses, are missing a prerequisite course, or are missing documentation in their admission file may be granted conditional admission as determined by the ATAC. Students will receive a program admissions letter outlining the terms of their probational admission, a timeline for the conditional admission, and outlined criteria required to satisfy the probational admission decision.

Students who are in the process of completing pre-requisite courses when an admission decision is made will be automatically placed on a conditional admission status regardless of GPA and students will be required to submit an official transcript demonstrating successful completion of the coursework to change the admission status.

All conditionally admitted students will be required to take SMED 5301 Emergency Care and Response, SMED 5302 Taping, Bracing, and Protective Equipment, and SMED 5310 Evidence

Based Practice, during their first summer. Students must earn a B or better in each SMED course to progress in the program. Failure to earn a B or better in SMED 5301, 5302, and 5310 and maintain a 3.0 GPA or better will result in dismissal from the MS in Athletic Training program.

If a student is granted a conditional admission due to a missing prerequisite course, then the student will be required to complete the prerequisite course (in addition to the required SMED coursework) during their first semester in the MS in AT Program. Students will be required to complete the missing prerequisite coursework with a grade of C or better and a resultant average prerequisite GPA of 3.0 or better will have their admission revoked.

Students who have missing documentation in their admissions file may be granted conditional admission at the discretion of the ATAC. To satisfy the terms of the conditional admission, students must produce the remaining documentation by the time listed on the program admissions letter (or the end of the academic term) or their admission will be revoked.

#### **Transfer Credit**

Due to the accreditation standards set forth by the Commission on Accreditation of Athletic Training Education (CAATE), all courses must be taken when students are enrolled in the MS in AT program at TAMU- CC. No transfer credit will be accepted.

## **MS in AT Degree Plan**

Students pursuing a Master of Science Degree in Athletic Training must maintain a (A&M Corpus Christi) cumulative graduate GPA of 3.0 or better. If a student's cumulative GPA is less than a 3.0, the student will be dismissed from the MS in AT Program.

Students can earn a maximum of two (2) C's to be eligible to remain in good standing and/or graduate from the AT Program. If a student earns more than two (2) C's at any time during the program, the student will be dismissed from the AT Program.

All requirements, including coursework at Texas A&M University—Corpus Christi, must be completed within seven (7) calendar years from the date of initial enrollment in coursework. No transfer credit will be accepted towards the Athletic Training degree.

\*\*\*The degree sequence for the 2024-2025 academic year is slightly different than for the 2025-2026 academic year. The academic plan will be reduced by 1 credit overall and one course was removed and some of those credits were redistributed to other courses.\*\*\*

## 2024-2025 Curriculum Sequence

1st Ye	ear Summer – 12 Credits	
٠		(3 Credits)
•	SMED 5341 - Law & Ethics in Athletic Training	(3 Credits)
•	SMED 5100 - CPR/Basic Life Support	$(1 \text{ Credit})^{\#}$
٠	SMED 5200 - Taping, Bracing, and Preventative Care in AT	(2 Credits)
•	SMED 5300 – Clinical Anatomy	(3 Credits)
<u>1st Ye</u>	ear Fall – 10 Credits	
•	SMED 5313 – Biological Statistics for Athletic Training	(3 Credits)
•		(3 Credits)
•	SMED 5331 - Therapeutic Intervention I	(3 Credits)
•	SMED 5101 - Athletic Training Clinical Experience I	(1 Credit)*
<u>1st Ye</u>	ear Spring – 10 Credits	
•	SMED 5322 - Upper Extremity Assessment, Evaluation, and Tx	(3 Credits)
•	SMED 5324 - General Medical Conditions in the Athlete	(3 Credits)
٠	SMED 5332 - Therapeutic Intervention II	(3 Credits)
•	SMED 5102 - Athletic Training Clinical Experience II	(1 Credit)*
2nd y	<u> Vear Summer – 8 Credits</u>	
٠	SMED 5333 - Pharmacology for the Athlete	(3 Credits)
٠	SMED 5342 - Sports Psychology in Athletic Training	(3 Credits)
٠	SMED 5100 - CPR/Basic Life Support	$(1 \text{ Credit})^{\#}$
•	SMED 5103 - Athletic Training Clinical Experience III	(1 Credit)*
2nd y	<u> Year Fall – 10 Credits</u>	
•	SMED 5312 - Research Capstone	(3 Credits)
•	SMED 5323 - Head, Neck, & Spine Assessment, Evaluation, and Tx	(3 Credits)
•	SMED 5343 - Administration, Leadership & PD in AT	(3 Credits)
•	SMED 5104 - Athletic Training Clinical Experience IV	(1 Credit)*
2nd y	ear Spring – 7 Credits	
•	SMED 5334 - Emerging Practice in Athletic Training	(3 Credits)
٠		(3 Credits)
•	SMED 5105 - Athletic Training Clinical Experience V	(1 Credit)*

#### **Total Number Credits Required to Complete Master's Degree: 57 Credits**

\* Clinical Internship Course # CPR Course is taken each year

#### 2025-2026 Curriculum Sequence

1st	Year	Summer	– 12 Credits
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Credits)
Credits)
Credit) <sup>#</sup>
Credits)
Credits)

#### <u> 1<sup>st</sup> Year Fall – 10 Credits</u>

٠	SMED 5313 – Biological Statistics for Athletic Training	(3 Credits)
•	SMED 5321 - Lower Extremity Assessment, Evaluation, and Tx	(3 Credits)
•	SMED 5331 - Therapeutic Intervention I	(3 Credits)

- SMED 5331 Therapeutic Intervention I
- SMED 5101 Athletic Training Clinical Experience I (1 Credit)\*

#### <u>1<sup>st</sup> Year Spring – 10 Credits</u>

•	SMED 5322 - Upper Extremity Assessment, Evaluation, and Tx	(3 Credits)
•	SMED 5324 - General Medical Conditions in the Athlete	(3 Credits)
٠	SMED 5332 - Therapeutic Intervention II	(3 Credits)

(1 Credit)\* • SMED 5102 - Athletic Training Clinical Experience II

#### 2<sup>nd</sup> Year Summer – 7 Credits

•	SMED 533	3 - Pharr	nacolo	gy fo	or the	e A	thle	ete				(3	Cre	edite	s)
	~ ~ ~ ~ ~ ~ ~		_						_				-		

- SMED 5342 Sports Psychology in Athletic Training (3 Credits)
- SMED 5103 Athletic Training Clinical Experience III (1 Credit)\*

#### 2<sup>nd</sup> Year Fall – 10 Credits

٠	SMED 5312 - Research Capstone	(3 Credits)
٠	SMED 5323 - Head, Neck, & Spine Assessment, Evaluation, and Tx	(3 Credits)
٠	SMED 5343 - Administration, Leadership & PD in AT	(3 Credits)
٠	SMED 5104 - Athletic Training Clinical Experience IV	(1 Credit)*

## 2<sup>nd</sup> Year Spring – 7 Credits

•	SMED 5334 - Emerging Practice in Athletic Training	(3 Credits)
•	SMED 5335 - Athletic Training Seminar	(3 Credits)
•	SMED 5105 - Athletic Training Clinical Experience V	(1 Credit)*

#### **Total Number Credits Required to Complete Master's Degree: 56 Credits**

#### \* Clinical Internship Course

## **Estimated Annual Program Costs & Fees**

#### **Estimated Tuition and Fees:**

The following are projected tuition and fees assessed for students enrolled in the TAMUCC MSAT Program. Please know that tuition may change due to university policy. Every attempt will be made to keep students aware of any changes.

ITEM	ESTIMATED EXPENSE
Residential Tuition	
Tuition & Fees for 1 credit hour	\$667.04
Tuition & Fees for 2 credit hour	\$1032.44
Tuition & Fees for 3 credit hour	\$1397.84
Online Credit Fee	\$100.00
Estimated Projected Cost of MSAT Program for Residen	t \$25,000
Non-Residential Tuition	
Tuition & Fees for 1 credit hour	\$1168.81
Tuition & Fees for 2 credit hour	\$2036.04
Tuition & Fees for 3 credit hour	\$2903.26
Online Credit Fee	\$100.00
Projected Cost of MSAT Program for Non-Resident	\$54,000

#### **Estimate of Additional Costs:**

The following are projected costs to be enrolled in the TAMU-CC MS in AT Program. The cost projections do not include books, tuition, or student fees incurred outside of the Athletic Training curriculum. Please note that the Bookstore and/or the University without prior knowledge may increase costs. Every attempt will be made to keep current and prospective Master of Science in Athletic Training students up to date with any additional costs.

#### ESTIMATED EXPENSE ITEM

#### Physical Examination & TB Test/Verification Approx. \$30.00-\$60.00 each

Students are required to provide proof of an annual physical examination, TB Test or and/or physician verification documentation, and up-to-date immunizations (as outlined in the application documentation and student handbook). In addition, students must demonstrate proof of a current TB test each year.

NATA Annual MembershipApprox. \$80.00 per yearStudents are encouraged to become a NATA member while enrolled in the MS in AT Program. Students have access to member benefits including committee and volunteer opportunities;

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eligibility for scholarship; discounts to attend conferences and to apply for the BOC examination; access to resources: career center, membership directory, membership statistics, AT salary survey, NATA News, Journal of Athletic Training, and Athletic Training Education Journal.

#### ATrack Membership

\$45.00 Annual or \$90 Lifetime Subscription Students are required to purchase a membership to ATrack. Students will log their clinical experiences on ATrack, can track their program progress, complete clinical evaluations, and will be required to upload program specific documents. Students are encouraged to purchase the \$90 lifetime subscription in their first year of the program.

#### Name Badge

\$7.00

All MS in AT Program students are required to wear a name badge at all clinical sites. The name badge needs to be issued by the university and have the student's name and picture on it. If a student loses their name badge, then the student is responsible for purchasing an additional name badge.

#### **Clothing & Shoes**

All MS in AT Program students will be required to purchase their own clothing and footwear, if necessary, to comply with the official dress code of the MS in AT Program (student handbook). Students are encouraged to purchase Adidas apparel and footwear as the TAMU-CC Athletic Department is sponsored by Adidas.

#### **Transportation to Clinical Sites**

All MS in AT Program students will be responsible for all travel costs (gas, mileage, insurance, etc.) when traveling to clinical sites. During some clinical experiences, students will be expected to travel off-campus to clinical sites (travel distances may vary dependent upon clinical site placement. The program will attempt to provide most clinical experiences within a 60-mile radius of the Texas A&M University-Corpus Christi campus. However, students may choose to participate in clinical experiences at further distances.

#### **Transportation to Professional Conferences**

MS in AT Program students will be required to submit their capstone project to an Athletic Training conference of choice and/or will submit to an Athletic Training related journal of choice. Students will be responsible for all costs associated with traveling to conferences and/or journal publishing fees (students are encouraged to not submit journals to predatory "pay-toplay" journals).

#### **Blood Borne Pathogen Exposure**

If a student is exposed to blood borne pathogens during a clinical experience, then the student will be immediately referred to the University Student Health Center. The cost for student exposure testing and treatment will be billed to the student's insurance, when available, or the student will be responsible for the cost of the services provided.

## **Financing Your Education**

### **Financial Aid**

Please visit the <u>Office of Financial Assistance</u> website or contact them at 1-361-825-2338 Option #4 for financial aid eligibility requirements and/or application process.

#### **Scholarships**

There are no program specific scholarships. Students should see the <u>Scholarship</u> section of the College of Graduate Studies website for available university scholarship opportunities. Any other scholarship opportunities that are brought to the attention of the program will be shared with students via email or on the program's Canvaspage. Students are encouraged to be members of the Texas State Athletic Trainers Association (TSATA), Southwest Athletic Trainers Association (SWATA), and/or the National Athletic Trainers Association (NATA) to be eligible for Athletic Training specific scholarships.

#### **Graduate Assistantship**

There are no program specific Graduate Assistantships available. Students are eligible to apply for Graduate Assistant funding; however, their time with Athletic Training should take priority. Students must understand that committing to work 10-20 hours a week as a graduate assistant is a huge commitment and should not be considered lightly. Students <u>MUST</u> make their clinical experience in Athletic Training a priority. Any conflicts of time are expected to lean in the favor of the Athletic Training Program.

Students are recommended to discuss potential graduate assistantship employment with the MS in AT Program Director prior to application and certainly before accepting any offers.

#### **Academic Standards**

Students will progress through the MS in Athletic Training curriculum in a cohort model. Courses are designed in a specific sequence and students are required to progress through the designed curriculum with specific requirements. Please see the course syllabi for individual course requirements. Students can earn a maximum of two (2) Cs to remain in the program. If a student earns more than two (2) Cs or below at any time during the program, the student will be dismissed from the program, even if the GPA does not fall below 3.0.

All requirements, including coursework at Texas A&M University-Corpus Christi, must be completed within seven (7) calendar years from the date of initial enrollment in coursework. No transfer credit will be accepted towards the MS in Athletic Training degree. Please see the MS in Athletic Training Policies and Procedures Manual posted on the program's website regarding programmatic progression, retention, and dismissal policies

(https://www.tamucc.edu/programs/graduate-programs/athletic-training-ms).

#### Advising

Every effort has been made to assure the accuracy of the information in this catalog. Students are advised, however, that such information is subject to change without notice. Therefore, students should consult with appointed academic advisors each semester prior to registration. Students should be aware that courses are offered in a specific sequence in a cohort model. Failure to follow the advice of academic advisors or failure to register for appropriate courses may result in a delay in graduation for students.

#### **Fitness to Practice**

In addition to meeting or exceeding academic standards, students pursuing the MS in Athletic Training must meet fitness to practice standards that are assessed by faculty and/or preceptors throughout the program.

These standards include demonstration of physical skills, competencies, and assessments in their interaction with others, proficiencies for the CAATE competencies and standards, and the requirements to practice as an Athletic Trainer in the State of Texas. In addition, students must demonstrate professionalism as outlined in the MS in Athletic Training Handbook.

At regular intervals throughout the program, students will be evaluated regarding their clinical knowledge and professionalism by preceptors and/or faculty. Students who fail to demonstrate competency and/or professionalism may receive a program violation and/or may be asked to enter a remediation plan to remain in the program. If a remediation plan is developed, students must demonstrate satisfactory remediation prior to being allowed to continue towards graduation. Specific information concerning fitness to practice and codes in which students are expected to conform may be found in the MS in Athletic Training Handbook and within specific course syllabi.

A student's Academic Ability; Observation and Perception; Communication; Motor Coordination or Function; Intellectual, Conceptual, Integrative, and Quantitative Abilities; and Professionalism: Mature and Ethical Conduct are all outlined in the following section with the *Technical Standards History and Rationale*.

Additionally, all students are expected to adhere to the <u>Student Code of Conduct</u> and will conduct themselves with the highest standards of academic honesty. Students should be familiar with the University Handbook <u>Student Academic Misconduct (13.02.99.C0.04)</u> procedure.

#### Academic Ability

Candidate must be able to clearly articulate and demonstrate knowledge, skills, and abilities. Students will have designed course work, labs, written exams, clinical exams, and clinical competency assessments. Candidates must be able to:

• Articulate fluently knowledge concepts that will communicate proficiency.

- Candidates should review specific course syllabi and competency handbooks for additional information regarding proficiency demonstration.
- Demonstrate aptitude in clinical skills.
- Demonstrate competence in athletic training abilities.
- Communicate in ways that are culturally sensitive and demonstrate the best available evidence.
- Conduct each interaction with professionalism and behaviors consistent with an athletic trainer.
- Show confidence (or demonstrate a willingness to address a lack of confidence) in interactions with preceptors, faculty, and patients.

#### **Observation and Perception**

Candidates must be able to accurately perceive, using senses and mental abilities, the presentation of information through:

- Small group discussions and presentations
- Large-group lectures
- One-on-one interactions
- Demonstrations
- Laboratory experiments
- Patient encounters
- Diagnostic findings
- Procedures
- Written material
- Audiovisual material

#### **Communication**

Candidates must be able to communicate skillfully (in English) with faculty members, preceptors, other members of the healthcare team, patients, families, and other students, to:

- Elicit information
- Perceive, acknowledge, and respond to nonverbal communication
- Convey information, verbally and in writing
- Clarify information
- Create rapport
- Develop therapeutic relationships

#### **Motor Coordination or Function**

Candidates should have enough motor function and coordination of both gross and fine muscular movements, equilibrium, and functional use of the sense of touch and vision to:

- Attend (and participate in) all classes, groups, and activities in the curriculum.
- Examine patients in a culturally competent and sensitive manner.
- Elicit information from patients by palpation, auscultation, percussion, special tests, dermatomes, myotomes, reflex testing, and other diagnostic maneuvers.
- Execute motor movements reasonably required to provide general care and emergency treatment to patients including cardiopulmonary resuscitation, application of pressure to

stop bleeding, application of bandages for wound care, patient transport, and manual therapies.

• Perform in a reasonably independent and competent way in sometimes chaotic clinical environments.

#### Intellectual, Conceptual, Integrative, and Quantitative Abilities

Candidates must be able to demonstrate higher-level cognitive abilities, which include:

- Rational thought
- Measurement
- Calculation
- Visual-spatial comprehension
- Conceptualization
- Analysis
- Synthesis
- Organization
- Representation (oral, written, diagrammatic, three dimensional)
- Memory
- Application
- Clinical reasoning
- Ethical reasoning

#### **Professionalism: Mature and Ethical Conduct**

Candidates must be able to:

- Be a positive entity in the classroom and clinical setting. Students will not be a distraction to faculty, preceptors, coaches, athletes/patients, fans, or other personnel.
- Consistently display academic integrity, fairness, and respect for others.
- Promptly complete all assignments and responsibilities attendant to the diagnosis and care of patients.
- Communicate with, examine, and provide care for all patients—including those whose gender, ethnicity, culture, sexual orientation, gender identity, or spiritual beliefs are different from candidates' own.
- Develop mature, sensitive, and effective relationships, not only with patients but with all members of the Program and healthcare team
- Maintain sobriety in all academic and clinical environments, and refrain from the legal and illegal use of substances that can alter behavior, cognitive processing, or critical thinking.
- Abide by all state, federal, and local laws, as well as all Texas A&M University-Corpus Christi codes of conduct
- Tolerate physically, emotionally, and mentally demanding workloads
- Function effectively under stress, and proactively make use of available resources to help maintain both physical and mental health
- Adapt to changing environments, display flexibility, and be able to learn in the face of uncertainty
- Take responsibility for themselves and their behaviors

#### Academic Progression Through the Master of Science in Athletic Training Degree

Students will progress through the Athletic Training curriculum in a cohort model. Courses are designed in a specific sequence and students are required to progress through the designed curriculum with specific requirements. Please see the course syllabi for individual course requirements.

All students must meet the ethical and professional guidelines set forth by the program. Students who violate the ethical or professional standards will be dismissed from the program.

### Time Limit to Degree and Recency of Credit for a Master of Science in Athletic Training Degree

The requirements for a Master's degree at Texas A&M University-Corpus Christi must be completed within seven years following admission to the program. The seven-year period begins the first semester of enrollment and is calculated from the date of degree conferral. Credit that is more than seven years old will not be counted toward a master's degree.

It is HIGHLY recommended that students follow the 2-year degree plan outlined by the program. The rapid changes in Athletic Training education may render a student unprepared to take a certification examination if too much time has passed between the educational content and an attempt of the Board of Certification or state licensure examinations.

## **Emergency Cardiac Care Requirements**

Emergency Cardiac Care (ECC) programs are intended to reduce disability and death from acute circulatory and respiratory emergencies, including stroke, by improving the chain of survival in every community and in every health care system.

Athletic Training Students must be able to demonstrate ongoing certification in ECC throughout the program. Students will have ample opportunities during the program to ensure continuation of emergency cardiac care certification.

Students must have emergency cardiac care training before engaging in any athletic training or supplemental clinical experience.

It is important that Athletic Training Students realize the importance of maintaining ECC certification as this is a major requirement of maintaining Board of Certification credentialling as a professional as well.

## **Clinical Experiences in Athletic Training**

Athletic Training Students are an integral part of building the foundation for the Athletic Training Program. The AT Program is striving to gain a reputation for preparing students to become certified athletic trainers and for promoting the profession of athletic training. To build a quality program, it is important that the athletic training students excel both academically and clinically.

Students will be assigned to a variety of hands-on clinical experiences both with TAMU-CC NCAA Division I intercollegiate athletic teams, the Recreational Center, and a variety of offcampus affiliate sites. Clinical experiences provide students with an abundance of practical experience and knowledge of a variety of health care settings. All MS in AT Program students will be responsible for all travel costs (gas, mileage, insurance, etc.) when traveling to clinical sites. During some clinical experiences, students will be expected to travel off-campus to clinical sites (travel distances may vary dependent upon clinical site placement. The program will attempt to provide most clinical experiences within a 60-mile radius of the Texas A&M University-Corpus Christi campus. However, students may choose to participate in clinical experiences at further distances particularly for immersive experiences.

#### **Affiliated Clinical Education Sites**

#### **Collegiate Clinical Sites:**

Texas A&M University- Corpus Christi Athletics Women's Soccer Women's Basketball Women's Volleyball Women's Beach Volleyball Women's Golf Women's Softball Men's Basketball Men's Baseball Men's and Women's Track and Field Men's and Women's Cross Country Men's and Women's Tennis

#### Texas A&M University- Corpus Christi Recreation Sports Club Sports Intramural Sports

#### **Orthopedic Clinic Sites**

South Texas Bone and Joint, 601 Texan Trail #300, Corpus Christi, TX 78411

#### Secondary School Clinical Sites

Corpus Christi Independent School District Carrol High School King High School Miller High School Moody High School Ray High School Veterans Memorial High School Flour Bluff Independent School District Flour Bluff High School Gregory Portland Independent School District Gregory Portland High School Calallen Independent School District Calallen High School Tuloso Independent School District Tuloso Midway High School, 2653 McKinzie Rd, Corpus Christi, TX Taft Independent School District Taft High School, 502 Rincon Rd, Taft, TX 78390

#### **Clinical Experience Matrix**

- 1<sup>st</sup> Year Summer 12 Credits No Clinical Experience
- 1<sup>st</sup> Year Fall 10 Credits TAMU-CC Athletics or Rec Center **Clinical Hour Minimum Expectation** 250 clinical hours Clinical Hour Maximum 600 clinical hours Patient Encounters 45 Minimum Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 3 patient encounters per week to receive credit for that week (7 day period). All other clinical requirements must be met during the regular semester Competency Clinic occurs every week at designated times Program workshops – sometimes attendance is mandatory Average Hours Per Week: 17 hours a week over 15 weeks Students will need program permission to exceed 25 hours in a week (see ATrack for approval form)
- 1<sup>st</sup> Year Spring 10 Credits
  - *TAMU-CC Athletics or Rec Center* Clinical Hour Minimum Expectation Clinical Hour Maximum

250 clinical hours 600 clinical hours

Patient Encounters45 MinimumStudents are encouraged to log as many patient encounters as possible to demonstrate<br/>their learning experience. Students need to log a minimum of 3 patient encounters per<br/>week to receive credit for that week (7 day period).All other clinical requirements must be met during the regular semester<br/>Competency Clinic occurs every week at designated times<br/>Program workshops – sometimes attendance is mandatory<br/>Average Hours Per Week: 17 hours a week over 15 weeks<br/>Students will need program permission to exceed 25 hours in a week (see ATrack for<br/>approval form)

#### • 2<sup>nd</sup> Year Summer – 8 Credits

#### Gen Med/Allied Health/Ortho

Clinical Hour Minimum Expectation Clinical Hour Maximum

Detiont Encounters

Patient Encounters

125 clinical hours300 clinical hours25 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning

experience. Students need to log a minimum of 5 patient encounters per week to receive credit for that week (7 day period).

All other clinical requirements must be met during the regular semester

Competency Clinic occurs every week at designated times

Program workshops - sometimes attendance is mandatory

Average Hours Per Week: 25 hours a week over 15 weeks

Students will need program permission to exceed 35 hours in a week (see ATrack for approval form)

#### • 2<sup>nd</sup> Year Fall – 10 Credits

#### High School

Clinical Hour Minimum Expectation	300 clinical hours
Clinical Hour Maximum	600 clinical hours
Patient Encounters	60 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning

experience. Students need to log a minimum of 4 patient encounters per week to receive credit for that week (7 day period).

All other clinical requirements must be met during the regular semester

Competency Clinic occurs every week at designated times

Program workshops - sometimes attendance is mandatory

Average Hours Per Week: 20 hours a week over 15 weeks

Students will need program permission to exceed 30 hours in a week (see ATrack for approval form)

• 2<sup>nd</sup> Year Spring – 9 Credits 2<sup>nd</sup> 7 Weeks: Immersive Experience Clinical Hour Expectation

400 clinical hours

Maximum 1000 clinical hours 1<sup>st</sup> 7 Week Patient Encounters 28 Minimum Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 4 patient encounters per week to receive credit for that week (7 day period). 2<sup>nd</sup> 7 Weeks Immersive Patient Encounters 70 Minimum Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 10 patient encounters per week to receive credit for that week (7 day period). All other clinical requirements must be met during the regular semester Competency Clinic occurs every week at designated times Program workshops – sometimes attendance is mandatory Average Hours Per Week (1<sup>st</sup> 7 Weeks): 20 hours a week over 7 weeks Average Hours Per Week (2<sup>nd</sup> 7 Weeks): 35-40 hours a week over 7 weeks In the first 7 weeks, students will need program permission to exceed 30 hours in a week (see ATrack for approval form) In the second 7 weeks, students will need program permission to exceed 40 hours in a week (see ATrack for approval form)

Clinical assignments will be announced to the students as early as possible for returning athletic training students to assist them with scheduling their courses for the next semester/year. New students to the program will receive their clinical assignments during their athletic training orientation meeting or as soon as the program can verify placements for students.

The AT Program will do its best to provide students with the clinical experiences they need to successfully experience the program and develop as young professionals. Students are encouraged to go into every clinical experience with an open mind set and with a learning perspective. There are opportunities to expand your knowledge in every setting.

### **Practicum Courses**

The following practicum courses address competency in skills and knowledge learned in the courses taken the previous semester.

SMED 5101 – Athletic Training Clinical Experience I SMED 5102 – Athletic Training Clinical Experience II SMED 5103 – Athletic Training Clinical Experience III SMED 5104 – Athletic Training Clinical Experience IV SMED 5105 – Athletic Training Clinical Experience V

### **Clinical Hour Requirements**

Each clinical rotation/practicum course has a clinical education hours requirement associated with it. Students in general should be at their clinical education site when their preceptor is there with at least one day off for every seven days. Below are the hours requirements for each clinical rotation.

### SMED 5101 Clinical Experience in AT I

Minimum 250 clinical hours
Maximum 600 clinical hours
Average Hours Per Week: 17 hours a week over 15 weeks
Students will need program permission to exceed 25 hours in a week (see ATrack for approval form)
Patient Encounters 45 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 3 patient encounters per week to receive credit for that week (7 day period).

### SMED 5102 Clinical Experience in AT II

Minimum 250 clinical hours

Maximum 600 clinical hours

Average Hours Per Week: 17 hours a week over 15 weeks

Students will need program permission to exceed 25 hours in a week (see ATrack for approval form)

Patient Encounters 60 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 4 patient encounters per week to receive credit for that week (7 day period).

### SMED 5103 Clinical Experience in AT III (Immersive Clinical Experience\*)

Minimum 125 clinical hours

Maximum 300 clinical hours

Average Hours Per Week: 25 hours a week over 5 weeks

Students will need program permission to exceed 35. hours in a week (see ATrack for approval form)

Patient Encounters 25 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 5 patient encounters per week to receive credit for that week (7-day period).

### SMED 5104 Clinical Experience in AT IV

Minimum 300 clinical hours
Maximum 600 clinical hours
Average Hours Per Week: 20 hours a week over 15 weeks
Students will need program permission to exceed 30 hours in a week (see ATrack for approval form)

Patient Encounters 60 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 4 patient encounters per week to receive credit for that week (7-day period).

SMED 5105 Clinical Experience in AT V (Immersive Clinical Experience\*)

Minimum 400 clinical hours

Maximum 1000 clinical hours

Average Hours Per Week (1<sup>st</sup> 7 Weeks): 20 hours a week over 7 weeks

- Average Hours Per Week (2<sup>nd</sup> 7 Weeks): 35-40 hours a week over 7 weeks
- In the first 7 weeks, students will need program permission to exceed 30 hours in a week (see ATrack for approval form)
- In the second 7 weeks, students will need program permission to exceed 40 hours in a week (see ATrack for approval form)
- 1<sup>st</sup> 7 Week Patient Encounters 28 Minimum

Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 4 patient encounters per week to receive credit for that week (7-day period).

2<sup>nd</sup> 7 Weeks Immersive Patient Encounters 70 Minimum Students are encouraged to log as many patient encounters as possible to demonstrate their learning experience. Students need to log a minimum of 10 patient encounters per week to receive credit for that week (7-day period).

\* An immersive clinical experience is a practice-intensive experience that allows the students to experience the totality of care provided by athletic trainers (As cited by <u>CAATE 2020</u> <u>Professional Standards</u>).

For students to successfully complete the Clinical Experience course with a passing grade, students must complete the minimum hour requirement for the semester. Failure to do so will result in a failing grade in the Clinical Experience course, and the student will not be able to proceed to the next clinical level/course until that requirement has been satisfied.

### Legal Issues in Athletic Training

An athletic trainer is defined as a qualified allied healthcare professional educated and experienced in the management of healthcare problems associated with sports participation. The athletic trainer works in cooperation with the physician and other allied healthcare personnel for the ultimate good of the athlete. The athletic trainer must also work with the other members of the medical team as well as the administrators, parents, athletes, and coaches in providing efficient and responsive athletic healthcare. The student will learn the applications of the athletic training profession as taught in the classroom as well as the clinical experiences. It is the responsibility of the licensed / certified athletic trainers to teach the athletic training students.

There are many legal implications in athletic training. You must always be aware of what you are doing and know the consequences if you fail to act as a normal prudent person. You must be willing to accept responsibility for your actions and do not do anything that leaves any doubt in your mind as to its soundness.

Keep in mind that you will affect more people by your actions in the Athletic Training profession than any other healthcare team member. You are in continuous contact with coaches, parents, administrators, fans, and most importantly, student-athletes or patients. Your actions will affect the patient in the present and in the future. Therefore, you must keep the patient's welfare uppermost in your mind. The effects of your actions will be lasting. Make every effort possible to help keep the patient mentally and physically healthy so that they can enjoy their current activities as well as being able to continue to be physically active the rest of their lives.

As an Athletic Training Student, you must follow the guidance of the assigned preceptor and Physicians.

- Do not place yourself in a position of compromise when the patient's wellbeing is at stake.
- Do not attempt a procedure that has not been approved by the preceptor and physician.
- Do not attempt a procedure that you have not been declared proficient in by the preceptors.
- Do not make statements about the condition, injury, treatment, or general physical status to unauthorized personnel. This also includes private information discussed within the facility and private meetings.
- When present, the Physician makes the final decision if the injured patient can be released. If not, then the preceptor will make the final decision. The decision is made to assure the safety and welfare of the patient.

### Legal Terminology

The state of being legally responsible for the harm one causes another
person.
The failure to use ordinary or reasonable care.
An act that damages or hurts.
The individual, through expressed or implied agreement, assumes that some risk or danger will be involved in the undertaking.

Accident	An act that occurs by chance or without intention.
Tort	A legal wrong committed against another person.
Act of Omission	An individual fails to perform a legal duty.
Act of Commission	An individual commits an act that is not legal to perform.
Statute of Limitation	A specific length of time that individuals may sue for damages from
	negligence.

### **Liability Insurance**

**Each student in the program is required to have liability insurance coverage.** Each athletic training student is enrolled in a blanket liability insurance policy by the Department of Kinesiology. The policy provides up to \$1,000,000 coverage per incident and \$3,000,000 coverage per year. The fees for this insurance are paid through the materials fee charged for enrollment in the Clinical Experience courses. It is important that each athletic training student is enrolled in a Clinical Experience course each semester to maintain their liability insurance coverage. A copy of the policy is kept in the Kinesiology Department.

### **Professional Athletic Training Information**

### **Professional Association Memberships**

Students are encouraged to join the <u>National Athletic Trainers' Association</u> if they are accepted to the Professional Phase of the Athletic Training Program. Membership in the NATA will provide benefits to the student. Professional Athletic Training Students apply online. Membership benefits include:

- A subscription to the Journal of Athletic Training and NATA News
- Access to the placement vacancy notices
- Reduced rates for registration to the NATA Annual Meeting
- Reduced rates for taking for the BOC exam
- Eligibility for NATA scholarships
- Membership to Regional (SWATA) and state (TSATA) associations and all benefits pertaining to (e.g., scholarships)

Students are also encouraged to join the <u>SWATA Athletic Training Students' Association</u> (SWATA). This is a student organization within the Southwest Athletic Trainers' Association (NATA District VI). Students can join online separately for the district, or a paid membership through the NATA will cover the District Dues. Membership to the NATA includes membership to SWATA. Members of SWATA are also eligible for scholarships through SWATA.

Other professional associations with benefits for athletic training students are the <u>National</u> <u>Strength and Conditioning Association (NSCA)</u> and the <u>American College of Sports Medicine</u> (ACSM).

### Membership benefits of the NSCA include:

- Subscription to the Strength and Conditioning Journal, the Journal of Strength and Conditioning Research, Performance Training Journal, TSAC Report and the NSCA Bulletin
- Reduced rates for sitting for the CSCS (Certified Strength and Conditioning Specialist) exams and NSCA-CPT (NSCA Certified Personal Trainer) exams
- NSCA-CPT (NSCA Certified Personal Trainer) exams
- NSCA Career Services.
- Educational resources and products at a member discount
- Eligibility for NSCA scholarships and grants
- For more information about the National Strength and Conditioning Association, check their website.

### Membership benefits of the ACSM include:

- Subscription to Medicine & Science in Sports & Exercise, Exercise and Sport Sciences Reviews, and the Sports Medicine Bulletin
- Discounted registration for any ACSM national meeting, ACSM Certification exams, ACSM self-test fees, insurance and consumer products, and submission fee to Medicine & Science in Sports & Exercise

- Access to and inclusion in ACSM's electronic membership directory
- Access to an online mentoring program
- Access to group rate insurance (including liability insurance)
- For more information about the American College of Sports Medicine, check their website.

### **Islander Student Athletic Trainers' Association**

The Islander Student Athletic Trainers' Association (ISATA) is a recognized student organization on the campus of TAMU-CC. The objectives of ISATA are to increase awareness of the athletic training profession, provide educational opportunities for students, and to raise funds to assist members in attending professional workshops. All students in the program are encouraged to participate in ISATA.

### **Professional Seminar Attendance**

Students are encouraged to attend seminars, workshops, and lectures that pertain to the Athletic Training profession. Professional seminars that are recommended include, but are not limited to, the NATA Annual Meeting & Clinical Symposium, the SWATA Annual Meeting & Clinical Symposium, and the National Strength Conditioning Association Annual Meeting. When attending a seminar, everyone should wear appropriate professional dress and conduct him or herself accordingly.

### **Board of Certification (BOC) Requirements**

### Per http://www.bocatc.org/candidates/exam-eligibility:

To attain BOC certification, an individual must complete a professional level athletic training program accredited by the Commission on Accreditation of Athletic Training Education (CAATE) and pass the BOC certification exam. A list of accredited programs can be found on the <u>CAATE website</u>.

To qualify as a candidate for the BOC certification exam, an individual must be confirmed by the recognized Program Director of the CAATE accredited education program.

For additional information regarding exam policies and procedures including fee structure, see the <u>BOC Exam Candidate Handbook</u>.

For additional information regarding the exam application process, see <u>Easy Steps for Online</u> <u>Exam Application Approval</u>.

### **Texas State Athletic Trainer License Requirements**

Per https://www.tdlr.texas.gov/at/at.htm:

### **University Graduate Resources**

This handbook is designated for students enrolled in the Master of Science in Athletic Training Program at Texas A&M University-Corpus Christi. The policies, procedures, and expectations expressed within this student handbook explicitly apply to the students accepted and enrolled in the program. The program has attempted to outline the most specific and important information for students, particularly if the program's expectation of students exceeds the College of Graduate Studies or other university policies and procedures. University resources are listed below:

### **Graduate Catalog**

A link to the complete Graduate Catalog can be located at: <u>https://catalog.tamucc.edu/graduate/</u>

### **Important University Resources**

### **Student Health Services**

The university has a <u>University Health Center</u> that provides health care services to students. Health Center visits are by appointment only. To schedule a virtual or in-person appointment, please call the Health Center at (361) 825-2601.

The University Health Center is located in the Sandpiper Building and is open Monday – Friday 8:00 AM - 5:00 PM (closed 12:00 PM - 1:00 PM for lunch).

### **Counseling Services**

The <u>University Counseling Center (UCC)</u> offers a range of services to support students. Their goal is to provide students with timely and flexible access to wellness and mental health resources and to empower students to find solutions, achieve their goals, and feel better. TAMU-CC students who are enrolled for the current academic term, have paid the Student Services fee, and whose needs match our services, are eligible for Counseling Center services.

- If you are in crisis, or are concerned about a TAMUCC student in crisis, please call us at 361-825-2703. Counselors are available by phone 24 hours a day, every day to speak with you. If you call outside of regular business hours (over the noon hour, after 5pm, weekends or holidays), you will hear a recording instructing you to press "2" to be connected to the after-hours crisis counselor. The Counselor on Duty can meet face to face with students who are in crisis during regular business hours.
- Not in crisis but wanting to talk to a counselor? Virtual Consult Hours with the Counselor on Duty are available Monday-Friday. Call 361-825-2703.

### **Academic Resources**

### **GROW**

As part of the College of Graduate Studies, the <u>Graduate Resource and Opportunity Workspace</u> (<u>GROW</u>) offers graduate students' exclusive space and resources tailored specifically to their academic needs and professional development. GROW provides services including professional workshops, student support events, networking activities, and community service opportunities. CASA

### Library

The <u>Mary and Jeff Bell Library</u> is available to students enrolled at TAMUCC. The Department of Kinesiology and Athletic Training Program has a librarian dedicated to helping students, Trisha Hernandez. The Program has created an <u>Athletic Training Research Guide</u> on the Library page as well.

### **Appendix A. Admission Selecton Criteria**

### Master of Science in Athletic Training Texas A&M University- Corpus Christi

#### Summer 2025 Admissions Cycle Evaluation Tool

#### Overall Cumulative GPA (20 Points)

Student Overall GPA will be calculated. Students GPAs will be rounded to the nearest 10<sup>th</sup>. Students must have a 4.0 without rounding to receive 20 points.

OVERALL GPA CALCULATION				
Automatic Denial	Possible Conditional Admission	Admission		
Under 2.75 Overall GPA =	2.75 GPA = 1 pt	3.0 GPA = 10 pts		
Automatic Denial	2.8 GPA= 2 pt	3.1 GPA = 11 pts		
	2.9 GPA = 3 pt	3.2 GPA = 12 pts		
Students must have at least a 2.75 to be admitted to the graduate program at TAMU-CC.	Students with an Overall GPA between a 2.75 and 3.00 MAY receive a conditional admission	3.3 GPA = 13 pts		
in the gradele gragies is this over.	with special permission from the program.	3.4 GPA = 14 pts		
		3.5 GPA = 15 pts		
		3.6 GPA = 16 pts		
		3.7 GPA = 17 pts		
		3.8 GPA = 18 pts		
		3.9 GPA = 19 pts		
		4.0 GPA = 20 pts		

### • REQUIRED Pre-Requisite Course GPA (30 points)

Student cumulative

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REQU	REQUIRED PRE-REQUISITE GPA (CUMULATIVE)				
Automatic Denial	Possible Conditional Admission	Admission			
Under 2.75 Pre-Requisite GPA =	2.75 GPA = 1 pt	3.0 GPA = 10 pts			
Automatic Denial	2.8 GPA= 2 pt	3.1 GPA = 12 pts			
	2.9 GPA = 3 pt	3.2 GPA = 14 pts			
	Students with a Pre-Requisite GPA between a 2.75 and 3.00 <u>MAY</u> receive a conditional admission with special permission from the	3.3 GPA = 16 pts			
		3.4 GPA = 18 pts			
	program.	3.5 GPA = 20 pts			
		3.6 GPA = 22 pts			
		3.7 GPA = 24 pts			
		3.8 GPA = 26 pts			
		3.9 GPA = 28 pts			
		4.0 GPA = 30 pts			

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### RECOMMENDED Pre-Requisite Courses (10 possible extra points)

These courses are NOT required for admission to the MS in AT Program. Students will receive an extra 2 points for each course students have taken towards their total points.

- Introduction to Athletic Training <u>OR</u> Prevention and Care
- Anatomical Kinesiology <u>OR</u> Functional Anatomy
- Exercise Testing & Prescription <u>OR</u> Strength and Conditioning
- Medical Terminology
- Epidemiology

#### Recommendation Form (10 points)

- Professional recommendations will be submitted from at least three individuals. The recommendation form includes 20 Likert scale questions: Excellent: 5 points, Good: 4 points, Average: 3 points, Below Average: 2 points, Poor: 1 point, Not Observed: Not rated.
- The score from each recommendation will be averaged to create a score. The average the three recommendations
  form evaluations will be used to calculate points for this section.
  - 4.75-5.00 = 10 points
  - 4.50-4.74 = 8 points
  - 4.00-4.49 = 6 points
  - 3.50-3.99 = 4 points
  - 3.00-3.49 = 2 points
  - 0.00-2.99 = 0 points

#### Observation Hour Verification (Yes/No)

Student submitted verification of at least 50 observation hours under the direction of a BOC credentialed Athletic Trainer.

#### Essay (10 points)

Candidates will submit an essay outlining their aspirations to enter the profession of athletic training. Candidate essays will be graded on the following scale:

Unsatisfactory/Did Not Submit	Below Average	Average	Above Average	Exceeds Expectations
(0 Points)	(2 points)	(5 Points)	(8 Points)	(10 Points)
Submitted responses are riddled with spelling and grammatical errors (response is difficulty to read or understand) <u>OR</u> Candidate used generative AI for application responses.	Submitted responses have frequent spelling errors. Candidate did not communicate their interest in the field. Colloquial language was used.	Submitted responses are acceptable and have minor spelling/grammatical errors present. Candidate expressed their interest in becoming an athletic trainer. Some colloquial language was utilized in the document.	Submitted responses are clean and are free of major grammatical/spelling errors. Candidate expressed their interest in the field of athletic training and avoided using colloquial language in document. The flow of the document could be improved.	Submitted responses were excellent with grammatical structure and ideas that were well communicated. Candidate demonstrated great understanding of the profession throughout the document.

### Digital Interview (10 points)

An average score from all evaluators.

- 5.0 4.5 = 10 points
- 4.4 4.0 = 8 points
- 3.9 3.0 = 6 points
- 2.9 2.0 = 4 point
- 1.9 1.0 = 2 points
- >1.0 = 0 points

### TAMU-CC Master of Science in Athletic Training Program Final Candidate Application Matrix

Criteria	Maximum Point Totals	Points Awarded
Overall GPA	20	
Pre-Requisite GPA	30	
Recommendation Forms (3 averaged)	10	
Observation Hour Verification	YES <u>or</u> NO	
Essay	10	
Points Possible	80	
Recommended Pre-Requisite Courses*	10	
not required		
Total Adjusted Total	90	
The top candidates will receive an offer	for a digital interview with the progra	un admission committee
Digital Interview	10	
Final Score (Application Material +	100	
Digital Interview)		
Admission Decision		Full Admission
		Conditional Admission
		<ul> <li>Justification/Reason for Conditional Admission:</li> </ul>
		<ul> <li>Waitlist</li> <li>Denied</li> </ul>

Once feedback from all members of the Section Committee is collected, the Program Administrative team will select the top candidates of their admission to the MS in AT Program.

The program has approximately 20 spots annually for students in the MS in Athletic Training Program (numbers may fluctuate based on available resources and preceptors).

If students are qualified but are not in the top admissions group, students may be placed on a waiting list. If a spot in the program opens up, the next qualified student will be notified and offered acceptance.

### **Appendix B. Pre-Requisite Courses**

## TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

### **REQUIRED** Prerequisite Courses

Please fill in this form, according to information regarding your completed and currently enrolled courses. An average 3.0 Pre-requisite GPA is recommended.

- Biology (With Lab Preferred)
- Chemistry (With Lab Preferred)
- Physics (With Lab Preferred)
- Intro to Psychology <u>OR</u> Sports Psychology
- Anatomy & Physiology I\* (With Lab Preferred) OR Anatomy
- Anatomy & Physiology II\* (With Lab Preferred) OR Physiology
- Nutrition <u>OR</u> Sports Nutrition
- Exercise Physiology (With Lab Preferred])
- Biomechanics (With Lab Preferred])
- Statistics

\* When anatomy and physiology are not combined, students need to demonstrate completion of an anatomy course and a separate physiology course to meet this requirement.

### **RECOMMENDED** Prerequisite Courses

Students will receive extra points towards their admissions for taking additional courses. These courses are NOT mandatory for admission. These courses will be calculated in the Pre-requisite GPA, and a 3.0 Pre-Requisite GPA is recommended.

- Introduction to Athletic Training <u>OR</u> Prevention and Care
- Anatomical Kinesiology <u>OR</u> Functional Anatomy
- Exercise Testing & Prescription <u>OR</u> Strength and Conditioning
- Medical Terminology
- Epidemiology

Courses need to be graded, courses with pass/fail will not be accepted. All pre-requisite courses must have been taken within the past 7 years.

### TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

#### **REQUIRED** Prerequisite Courses

Please fill in this form, according to information regarding your completed and currently enrolled courses. An average 3.0 Pre-requisite GPA is recommended.

Last Name: First Name:		First Name:		M.I.	Date Comple	eted:
Prerequisite Course	Course Number	Course Name	Institution Name	Term Completed (or In-Progress)	Course Credits	Letter Grade
Biology (With Lab Preferred)						
Chemistry (With Lab Preferred)						
Physics (With Lab Preferred)						
Intro to Psychology <u>OR</u> Sports Psychology						
Anatomy & Physiology I* (With Lab Preferred) <u>OR</u> Anatomy						
Anatomy & Physiology II* (With Lab Preferred) <u>OR</u> Physiology						
Nutrition OR Sports Nutrition						
Exercise Physiology (With Lab Preferred])						
Biomechanics (With Lab Preferred])						
Statistics						

\* When anatomy and physiology are not combined, students need to demonstrate completion of an anatomy course and a separate physiology course to meet this requirement.

If you believe you have taken a course that fulfills the required prerequisite requirement, but the course title does not match exactly as listed above, then please list the course and include the course description with your submission for the Admissions Committee.

TAMU-CC MS in AT Revised 07/01/2024

### TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

**RECOMMENDED Prerequisite Courses** Students will receive extra points towards their admissions for taking additional courses. These courses are NOT mandatory for admission. These courses will be calculated in the Pre-requisite GPA, and a 3.0 Pre-Requisite GPA is recommended.

Prerequisite Course	Course Number	Course Name	Institution Name	Term Completed (or In-Progress)	Course Credits	Letter Grade
Introduction to Athletic Training <u><b>OR</b></u> Prevention and Care						
Anatomical Kinesiology <u>OR</u> Functional Anatomy						
Exercise Testing & Prescription <u>OR</u> Strength and Conditioning						
Medical Terminology						
Epidemiology						

### **Appendix C. Verification of Athletic Training Observation Hours**



#### Master of Science in Athletic Training

### Verification of Athletic Training Observation Hours

Student Name:	Date:
Please use this form to record the completion of a minimum of <u>50</u> observation hours in .	
Name of Athletic Trainer Supervising Hours:	
BOC Certification #:	
Email Address:	
Phone Number:	
Facility Name:	
Facility Location (City, State):	
Signature of AT Verifying Hours:	
Observation Time Period (include month and year):	
Total Hours Completed:	

\*If you maintain observation hours in another format you may substitute your current form if the information above is provided.

\*You may use multiple copies of this form if you have observed at additional locations.



Student Name: \_\_\_\_

First Name

Last Name

Date of Observation	Hours Completed

## **Appendix D. Technical Standards Acknowledgement**

### **TECHNICAL STANDARDS ACKNOWLEDGEMENT**

#### Master of Science in Athletic Training Texas A&M University-Corpus Christi

The Master of Science in Athletic Training Program (MSAT Program) at Texas A&M University-Corpus Christi (TAMUCC) is a rigorous and intense academic and clinical educational program which places specific requirements and demands upon students enrolled in the program. The objective for the MSAT Program is to prepare graduates to enter a variety of employment settings in order to render care to a variety of individuals engaged in physical activity.

The technical standards set forth by the Athletic Training Program (MSAT Program Technical Standards) establish the essential qualities considered necessary for students admitted to the MSAT Program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on the Accreditation of Athletic Training Education [CAATE]). TAMUCC does not use the MSAT Program Technical Standards in any manner for admissions decisions concerning MSAT Program applicants. After admission, each MSAT Program student will be required to affirm his or her ability to fulfill the MSAT Program Technical Standards, with or without reasonable accommodation. In the event a student is unable to fulfill the MSAT Program Technical Standards, with or without reasonable accommodation, the student will be removed from the MSAT Program.

Compliance with the MSAT Program Technical Standards does not guarantee a student's eligibility for the National Athletic Trainers' Association Board of Certification (BOC) examination.

#### Students in the Master of Science in Athletic Training Program must demonstrate:

- 1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- 2. Enough postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- 3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
- 4. The ability to record the physical examination results and a treatment plan clearly and accurately.
- 5. The capacity to maintain composure and continue to function well during periods of high stress.
- 6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
- 7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
- 8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

#### **Application of the MSAT Program Technical Standards**

- 1. A copy of the MSAT Program Technical Standards will be placed in each application packet. The copy is for information and requires no action on the part of the applicant.
- 2. At the time a letter of acceptance is tendered to an applicant, the letter will be accompanied by another copy of the AT Program Technical Standards. At that time, the student must respond in writing that s/he does/does not accept the offer of admission. Further, the student must state in writing that s/he has read and can meet the AT PROGRAM Technical Standards with or without reasonable accommodation.
- 3. If the student does request accommodation, the requested accommodation must be specifically stated in writing. Further, the student will be required to submit written verification of disability and recommendations from the office of Disability Services (DS) for accommodation to the Director of Athletic Training.
- 4. The Director of Athletic Training will confer with Disabilities Services (DS) regarding assessment for and accommodation for the specific disability. DS will evaluate a student who states s/he could meet the MSAT Program Technical Standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws. This includes a review of whether the accommodations requested are reasonable, taking into account whether the accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation. Disability Services may require further examination and/or testing by a professional approved by the University. The additional documentation will be reviewed by Disability Services, which will then render a decision regarding the student's ability to meet the standards for completion of the curriculum with reasonable accommodation.
- 5. If the student is judged to be able to meet the MSAT Program Technical Standards, Disability Services will notify the Director of Athletic Training in writing regarding the accommodation to be provided to the student. The student will receive a copy of that letter.
- 6. If the student desires any change in accommodation, either deletion or addition of accommodation, Disability Services will validate their need for accommodation and will consult with the MS in Athletic Training Program to determine if reasonable accommodation can be made. This determination will consider whether accommodation would jeopardize clinician/patient safety or undercut an essential element of a course, clinical experience, or internship.
- 7. If the requested accommodations requested cannot be met in a reasonable manner, then the student will be removed from the MSAT Program because the student cannot meet the standards for completion of the curriculum. The Director of Athletic Training will notify the student verbally and in writing of such a decision.
- 8. Students may appeal academic removal decisions by submitting a formal appeal to the MS in Athletic Training Program Director. The Program Director will refer the matter to the Chair of the Kinesiology Department and a committee of faculty members including two Athletic Training faculty and one Kinesiology faculty. The committee will hear the student's appeal and investigate the matter. The Chair will notify the Program Director and the student of the committee's decision in writing. Students can further appeal the decision by submitting a formal appeal to the appropriate university body (e.g. College of Education, Division of Student Engagement and Success).
- 9. Grievances concerning accommodations requests should be made to the Office of Disability Services.

By acknowledging below, you are confirming you were provided information on the Technical Standards and understand what will be asked of you in the Athletic Training Program. Upon admission to the AT Program, you will complete an additional Technical Standards form in which you will either attests your ability to complete the tasks as assigned or allow for you to request reasonable accommodations.

### **Appendix E. Documentation of Health Physical by a Medical Doctor**

Each student must complete a medical examination performed by a licensed MD, DO, PA or NP prior to admission to the pre-professional phase of the program. Prior to each subsequent year and prior to engaging in any clinical experiences, the student must renew his/her medical clearance by obtaining a medical clearance and a TB test. These documents will be kept in the student's file with the AT Program Director.

Examples of Typical Skill Needed to Complete Essential Tasks

- Students typically sit for 2-6 hours daily in the classroom, stand for 1-2 hours daily at practice and must be able to ambulate approximately 10 yards indoor or outdoor over rough terrain.
- Students frequently lift less than 10 pounds and occasionally lift between 10-20 lbs. overhead.
- Students occasionally carry up to 25-30 lbs. while walking up to 10-20 feet.
- Students frequently exert 25 pounds of push/pull forces to objects up to 50 feet.
- Students frequently twist, bend, stoop, and kneel on the floor for at least 15 minutes.
- Students frequently move from place to place and position to position and must do so at a speed that permits safe handling of classmates or injured athletes.
- Students frequently coordinate verbal and manual activities with gross motor activities.
- Students use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes.
- Students often work within an electrical field.
- Students will need to have 20/40 vision (or corrected to) to view activities.
- Students frequently need basic neurological function to perceive hot, cold, change in contour of surface/body part.
- Students need to possess the ability to make and execute quick, appropriate, and accurate decisions in a stressful environment.

### TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

This student is seeking enrollment into an allied health education program. Please examine this student and determine whether the student can perform the typical skills needed to complete the program's requirements. It is the policy of the Texas A&M University System that no person shall be denied admission nor graduation based on any disability, provided that the person demonstrates ability to meet the minimum standards of the program.

Technological compensation can be made for disabilities in some areas, but a candidate should be able to perform in a reasonably independent manner. The use of a trained intermediary to observe or interpret information or to perform procedures compromises the essential function of the athletic trainer and may jeopardize the safety of the patient.

Please have a medical professional (MD, DO, NP, or PA) fill out the attached Health Physical Medical Clearance Form. If your doctor's office has a similar form that they normally use, then you may submit the office form as part of your application packet. Please make sure the medical professional signs and dates the Health Physical Medical Clearance Form.

#### HEALTH PHYSICAL MEDICAL CLEARANCE FORM FOR ADMISSION

#### Information for the Examining Physician:

This student is seeking enrollment into an allied health education program. Please examine this student and determine whether the student can perform the typical skills needed to complete the program's requirements. It is the policy of the Texas A&M University System that no person shall be denied admission nor graduation based on any disability, provided that the person demonstrates ability to meet the minimum standards of the program.

#### PHYSICAL EXAMINATION

Patient Information (to be completed by patient)

Patient's Name	Today's Date
Date of Birth	

#### **Medical History**

Do you have, or have you	had, any of th	ne following illness	ses and/or condition	ons? (Ple	ease Circle)	
Asthma	Yes No		Diabetes	Yes	No	
High Blood Pressure	Yes No		Heart Disease	Yes	No	
Cancer	Yes No		TB	Yes	No	
Seizures	Yes No		Hepatitis	Yes	No	
Other serious illness or condition		Yes No				
Details of any "Yes" answ	vers from abov	ve:				
Previous Injuries:						
Previous Surgeries:		· · · · · · · · · · · · · · · · · · ·				
Allergies:						
Current Medications:						-

General Information:	Height (in.)		Weight (lbs.)
I	Blood Pressure	/	Pulse
V	Vision: R	L	corrected/uncorrected (circle one)
Examination	Normal	Physician's St	atement
Head			abnormal findings:
Eyes			
Ears, Nose & Throat			
Neck			
Lungs			
Heart			
Abdomen			
Hernia			
Orthopedic (ROM, strength	)		
Neuromuscular	, , , , , , , , , , , , , , , , , , ,		
Emotional/Psychological			

#### (To be completed by examining physician)

Are there any conditions, physical and/or emotional, which may interfere with this person functioning as an Athletic Training Student in the classroom or clinical setting? Yes No If yes, please describe on a separate sheet.

Physician's Name (please print):			
Address:			
City:	State:	Zip:	
Physician's Signature:		Date:	

Revised 7/29/2024	
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### **Appendix F: Proof of Current Vaccination Series**

### TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

#### **IMMUNIZATION RECORDS**

Please fill in the correct information regarding immunization and physical health. Please include this form, verified by a physician, in your application materials.

Last Name	First Name	M.I

Birth Date

IMMUNIZATION INFORMATION (see below for specific immunization requirements)

VACCINE (provide dates)	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Booster
Measles, Mumps, Rubella (MMR) 1 or 2 doses of MMR vaccination					
<b><u>OR</u></b> positive quantitative titer report showing immunity					
Varicella (Chicken Pox)					
2 doses (at least 4 weeks apart) <u><b>OR</b></u> proof of a chicken pox diagnosis by a					
physician <b>OR</b> report showing immunity					
Hepatitis B					
3 doses (0,1 month after 1 <sup>st</sup> dose, 4-6 months after 2 <sup>nd</sup> dose) <u><b>OR</b></u> positive					
titer report showing immunity					
Diphtheria, Tetanus, Pertussis (Td, Tdap, DTP)					
1 dose of Tdap vaccination after age 18 with Td booster every 10 years					
Bacterial Meningitis (MCV4, MPSV4)					
Evidence of vaccination must be shown to register for classes.					
Exceptions apply based on age >22.					

\**Other vaccinations may be required dependent upon clinical experience* 

### <u>I certify that the above immunization records are complete and accurate to the best of my</u> <u>knowledge.</u>

Student SignatureDateI certify that the above information is accurate and true to patients' records.

Physician Signature –OR— Stamp of Health Facility

Date

# IMMUNIZATION REQUIREMENTS Proof of Immunization or Naturally Acquired Immunity- REQUIRED

VACCINE	REQUIREMENT	<b>REQUIRED FOR</b>
Measles (Rubeola)	Two (2) doses of live measles vaccine (combined measles-mumps-rubella/MMR meets requirement), with first dose at 12 months of age or later and second dose at least 28 days after first dose <u><b>OR</b></u> Laboratory/Titer evidence for immunity	Students born in or after 1957
Mumps	One (1) dose at 12 months of age or later (MMR meets requirement) <u><b>OR</b></u> Laboratory/Titer evidence for immunity.	Students born in or after 1957
Rubella (German Measles)	One (1) dose at 12 months of age or later (MMR meets requirement) <u><b>OR</b></u> Laboratory/Titer evidence for immunity.	Students born in or after 1957
Varicella (Chicken Pox)	One (1) dose at 12 months of age or later but before the student's 13 <sup>th</sup> birthday <u>OR</u> If first dose is given after student's 13 <sup>th</sup> birthday: Two (2) doses at least 4 weeks apart <u>OR</u> Medical history of varicella disease <u>OR</u> laboratory/Titer evidence of immunity.	All students
Tetanus, Diphtheria	One Td booster dose within 10 years prior to matriculation. *Recommendation: Students who are unable to document a primary series of three (3) doses of tetanus containing vaccine (DtaP, DTP, or Td) are strongly advised to complete a three (3) dose primary series with Td.	All students
Hepatitis B	Three (3) dose hepatitis B series (0, 1-2, and 4- 6months) <u>OR</u> Three (3) dose combined hepatitis A and hepatitis B series (0, 1-2, and 6-12 months) <u>OR</u> Two (2) dose hepatitis B series of Recombivax (0 and 4-6 months, given at 11-15 years of age) <u>OR</u> Laboratory/Titer evidence of immunity prior to infection.	All students

### **Appendix G: Proof of Current TB Test**

### TEXAS A&M UNIVERSITY-CORPUS CHRISTI MASTER OF SCIENCE IN ATHLETIC TRAINING

### **PROOF OF CURRENT TB TEST**

Applicants for the Master of Science in Athletic Training Program are required to have documentation of a current TB Test. The TB Test must have been administered and read within the past month of the date of application to Texas A&M University-Corpus Christi. If a student is unable to have a TB Test, then medical documentation signed by a physician must be submitted by the student explaining the specific situation.

Patient's Name:
Testing Location:
Date Placed:
Site:  □ Right  □ Left
Signature (administered by): □ RN □ PA □ DO □ MD □ Other

Date Read (within 48-72 hours from date placed):
PPD (Mantoux) Test Result:   Positive  Negative
Comments and Any Adverse Reaction(s), if any:

Signature (results read/reported by):  $\square RN \square PA \square DO \square MD \square Other$